

# 2024 Programs & Camps



At STAR, we offer nurturing therapeutic group programs and camps designed to empower your child in developing confidence, self-esteem, self-awareness, and regulation, as well as enhancing social and communication skills. Our initiatives focus on fostering perspective-taking, building empathy, encouraging cooperation, and instilling joy in others through engaging lessons, sensory-based activities, and games.

## School Readiness Intensive Camp

For kids that aren't ready for a full blown classroom environment. This program figures out what supports your child needs to be their best in school and provides a predictable school-like schedule during the summer. Our goal is to provide a supportive, therapeutic environment that closely mimics the classroom setting that allows your child to build confidence, self-esteem, self-awareness, and maintain the regulation they need in a school setting. 2 hours and 45 minutes a class; sign up for two consecutive weeks at minimum but can also sign up for 10 weeks total. **Ages: 3-6**

**June 10 - August 9 | 9:00am - 11:45am**

*No sessions: July 1st - 5th*

- **\$1350 for 2 weeks** (10 sessions); 2 weeks minimum for participation
- \$750 for each additional week (5 sessions)
- \$5200 for all summer (40 sessions) when pre-paid

## Bike Camp

Is Your Child Struggling To Ride A Bike? We Can Help All Levels! In this 5-day camp, we focus on building your child's confidence on a bike in a fun and low-pressure environment. We use the Strider® learning method and combine it with enjoyable therapist-led activities. **Ages: all**

**June 3-June 7 | 10:00am - 10:45am | \$200 / 5 sessions**

## 4S Teen Group

This group-based intervention for adolescents with intellectual and developmental disabilities (IDD) is aimed at providing awareness of sensory preferences as they relate to maintaining regulation while in a group setting, thereby improving self-advocacy and social skills. **Ages: 13-18**

**April 16-May 9 | Tuesdays & Thursdays | 4:45 pm-6:00 pm**  
\$950 / 8 Sessions

## Superhero In Training

This immersive camp focuses on naturally building self-esteem and social confidence through play-based themes and "in the moment" lessons. Relationships are built through shared interests while social skills are strengthened through multi-sensory-based games and play while meeting each child's individual sensory needs. The program is geared toward verbal children (speaking and/or use of alternative communication systems) who have basic peer awareness and would benefit from therapeutic activities to build reciprocal interactions. **Ages: 4-9**

**SPRING SESSION: For ages 4-6 | \$875 / 8 Sessions**

March 21-May 9 | Thursdays | 4:15pm- 5:45pm

**SUMMER SESSIONS: \$1060 / 10 Sessions**

**Group 1 for ages 4-6:** June 17-June 28 | 3:15 pm - 4:45 pm

**Group 2 for ages 7-9:** July 15-July 26 | 3:15 pm - 4:45 pm

## Critical Core

Critical Core is a social development program that utilizes a role playing game (similar to Dungeons and Dragons) to motivate participants to actively engage in social situations and to develop meaningful connections with others. It is a safe and supportive environment in which players are able to practice communicating, problem solving, and regulation as their characters progress through a series of challenges that will ultimately lead to them becoming heroes. **Ages: 12-19**

**SPRING SESSION: For ages 12-15 | \$1025 / 8 Sessions**

March 6-April 24 | Wednesdays | 4:15 pm- 5:45 pm

**SUMMER SESSIONS: For ages 15-19 | \$850 / 5 Sessions**

June 24-June 28 | Daily | 3:30 pm-5:30 pm

## ENROLL TODAY!

Complete *Group Inquiry Form* at [bit.ly/star-groups-programs](https://bit.ly/star-groups-programs)

- A deposit will be required to hold your child's spot.
- Upon receiving your form and deposit, you will be scheduled for a 30-minute intake interview.
- Your spot will be confirmed for the program only AFTER completion of the intake.

**For additional information and questions, contact us at [groups@sensoryhealth.org](mailto:groups@sensoryhealth.org) or call us at 303-221-7827.**

