



**STAR**  
Institute

# Critical Core

## Building confidence and engagement one dragon at a time.

Critical Core is a social skills program that utilizes a Tabletop Role-playing game (similar to Dungeons and Dragons) to motivate participants to actively engage in social situations and to grow through their connections with others. This is a collaborative game in which players and the facilitator work together to create a story. It is a safe and supportive environment in which players are able to practice communicating, problem solving, and regulation as their characters progress through a series of challenges that will ultimately lead to them becoming heroes.

The overall goal of Critical Core is generalizable learning from fully-engaged play while respecting individuals and building relationships.

### We encourage growth in the following areas:

- Increase regulation
- Increase collaboration
- Increase motor and cognitive planning
- Improve perspective taking
- Increase access to pretend play development for related skill building



### Upcoming Dates

**For Ages 15-19**

**June 24-June 28, 2024**

*Daily | 3:30 pm - 5:30 pm*



### \$850 / 5 sessions

*Funding assistance available through  
Developmental Pathways &  
Rocky Mountain Human Services*



### Enroll TODAY!

Complete *Group Inquiry Form* at  
[bit.ly/star-groups-programs](https://bit.ly/star-groups-programs)

- A \$200 deposit will be required to hold your child's spot.
- Upon receiving your form and deposit, you will be scheduled for a 30-minute intake interview.
- Your spot will be confirmed for the program only AFTER completion of the intake.

**For more information and to register  
visit [www.sensoryhealth.org](http://www.sensoryhealth.org) or  
email us at [groups@sensoryhealth.org](mailto:groups@sensoryhealth.org).**

