



We are bilingual and bicultural mental health services helping families with languages barriers connect with community services, closed the cultural gap between family members , teach parenting skills to parents . The work we do with mental illness and mental disability aims to support our families with school IEPs, ABA referrals, autism and disability evaluations and referrals, and connections to speech therapists and occupational therapists.

#### OUR SERVICES

Outpatient services / treatments.

Individual and group therapy.  
Child and family therapy for children of all ages.

Intensive Home therapy for child and youth with mental disabilities , youth at risk and mental illness.

Social nights for adults.  
Mental health camp for child's.

Parenting skills groups.



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