



PEERS® SOCIAL SKILLS GROUPS NOW *VIRTUAL!*



PEERS (Program for the Education and Enrichment of Relational Skills) is a 16-week evidence-based social skills intervention developed at UCLA by Dr. Elizabeth Laugeson and Dr. Fred Frankel for motivated young people with: Autism Spectrum Disorder, ADHD, Anxiety, Depression and other Social and Behavioral Problems who are interested in learning ways to help them make and keep friends.

During each lesson, students are taught important skills and are given the opportunity to practice these skills through homework socialization activities. Parents attend an online weekly meeting and are taught how to assist their child in making and keeping friends by helping to expand their child's social network and providing feedback through coaching during homework assignments. Parent or social coach participation is required.

Students Will Learn How To:

- * Use appropriate conversational skills
- * Find common interests by trading information
 - * Appropriately use humor
- * Enter & exit conversations between peers
 - * Handle rejection, teasing, and bullying
 - * Handle rumors & gossip
- * Be a good host during get-togethers
 - * Make phone calls to friends
 - * Choose appropriate friends
- * Handle arguments & disagreements

Contact www.peersrva.com or call
804-554-6617/holly@peersrva.com